



2 DAYS BEFORE:

- Normal breakfast
- Light lunch
- Start Clear Liquid Diet after lunch (*See back of Colo/EGD FAQ sheet*)
- Drink Magnesium Citrate at 8p

DAY BEFORE:

- Clear Liquid Diet all day (*See back of Colo/EGD FAQ sheet*)
- **Follow prep instructions designated:**
 - If you have: Plenvu, Suprep, ClenPiq, Sutab to start at 6pm
 - If you have: Miralax to start at 4p

IF STOOLS AREN'T CLOSE TO "APPLE JUICE" AT 8PM, DRINK ANOTHER BOTTLE OF MAGNESIUM CITRATE

- Nothing to eat or drink after midnight

****You can purchase Magnesium Citrate over-the-counter in the pharmacy section.*****

